

**P**astoral Care  
**A**dvice for Health  
**R**educe Stress  
**I**ntercession  
**S**elf Care  
**H**ealing  
**N**urture  
**U**nderstanding  
**R**eassurance  
**S**upport Groups  
**E**ducation  
**S**piritual Growth

Parish Nursing Ministries UK is a charitable company formed to develop Parish Nursing in the UK . We offer training, coordination and support for new Parish Nursing projects.  
Company number: 5451295  
Charity no:1111680

**You can help to make Parish Nursing become a reality in UK churches.**

Please send your donation, however small, payable to  
"Parish Nursing Ministries UK"  
at the registered address;  
3 Barnwell Close, Dunchurch, Rugby, CV22 6QH

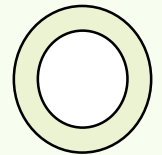
If you pay UK tax please help us further by giving us your name and address and stating that you are a UK taxpayer and would like all donations gift-aided.

For training and further information on setting up a project, please see the website :  
**[www.parishnursing.co.uk](http://www.parishnursing.co.uk)**  
or contact Revd. Helen Wordsworth,  
Co-ordinator, Parish Nursing Ministries UK,  
Tel: 01788 817292



Parish Nursing  
Ministries UK

**Whole  
Person  
Health  
Care**



**Through  
the  
Local  
Church**

## Christians and Health

Health encompasses all aspects of humanity. Fundamental to health are the beliefs, values and assumptions that inspire and motivate people towards quality of life.

These give meaning and purpose to life, connecting people to each other and to that which transcends everyday physical care. Well being and healing involve many of these dimensions.

Christians see health and healing as a gift from God enabling them to serve others.

### Parish Nursing

is a newly developing area of nursing practice in the U.K. It has become established in the U.S. over the last twenty years and is now being practiced in Canada, New Zealand, Australia and Swaziland. A Parish Nurse is a registered nurse with community experience, who works through the church, offering spiritual as well as physical and mental care. They may practice in a voluntary or paid capacity. They will serve the church as well as the local community, with respect for people of all faiths and none. Essential to their practice is the need to work in a complementary and communicative way with all health care professionals and ministers of religion. In the U.K. Parish Nursing is the Christian expression of Faith Community Nursing. We also want to encourage other faith communities to develop similar faith-related health care programmes.



## What does a Parish Nurse do?

### Health Educator

The Parish Nurse will find all sorts of ways of promoting health in the congregation and in the local Community.

### Personal Health Counsellor

The Parish Nurse will provide personal health advice and screening for ministry teams, congregation members and their communities.

### Referral Agent

The Parish Nurse will make referrals to other health care professionals or ministers of religion.

### Trainer and Co-ordinator of Volunteers

The Parish Nurse will train and co-ordinate church based volunteers as they serve their communities.

### Developer of Support Groups

The Parish Nurse will identify needs for self-help support groups and develop these.

### Health Advocate

The Parish Nurse will act as an advocate through life events and health problems.

### Integrator of Faith and Health

The Parish Nurse will be part of the ministry team offering pastoral visiting, the sacraments as appropriate and bereavement care.

## The Steering Group

**Dr. Malcolm Rigler**, M.B,Ch.B; D.(Obs) R.C.O.G. General Practitioner and Health policy Adviser, Partners in Health (Midlands) Ltd.

**Revd. Helen Wordsworth**, R.N., R.M., R.H.V. (tutor), R.N.T.,Dip.Rel Studies, M.Th. : Coordinator of the Steering Group and Curriculum Development Group.

**Mrs. Lynda Bickley**, M.A.,R.N., R.M., R.N.T. D. M.S.,Dip.Counselling. : Curriculum Development Group.

**Revd. Debbie Hodge**, R.N., R.N.T. B.Sc, P.G.D. E., Cert.Theology. : Curriculum Development Group.

**Dr. Geoff Waghorn**, M.B., B.S., M.R.C.G.P., M.R.C.S., L.R.C.P. : Company Secretary.

**Revd. Dame Sarah Mullally**, R.N., D.B.E. : Professional adviser:

**Mr. Clive Donald** : (Partners in Health).

**Mr. Alan Yates** : Chief Executive of Mersey Care NHS Trust.

**Mr Guy Sears** : Legal Adviser.